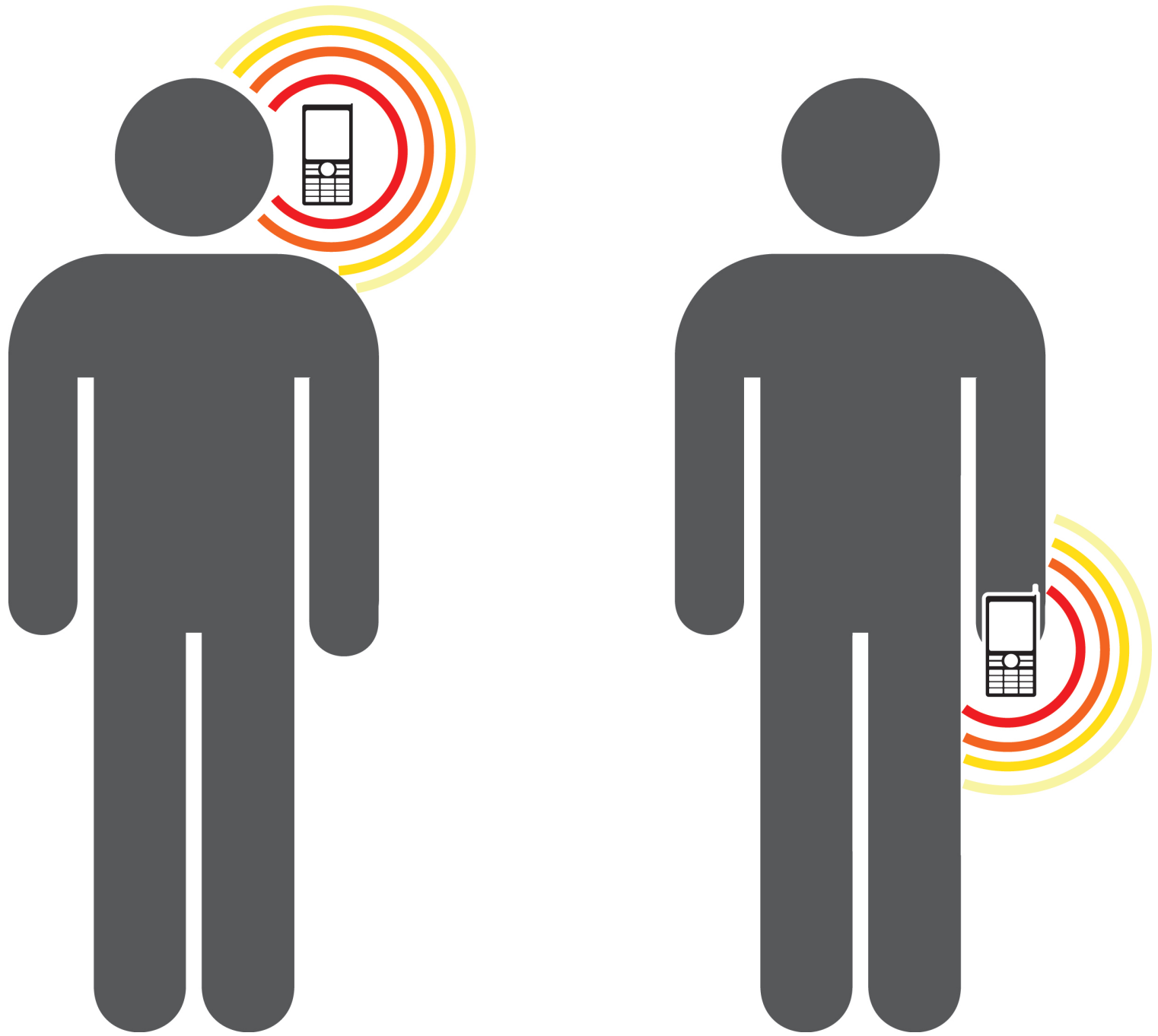




# Cell Phones Emit Radio-frequency Energy



Studies continue to assess potential health effects of mobile phone use.<sup>1</sup>

**If you wish to reduce your exposure, the City of San Francisco recommends that you:**

- Keep distance between your phone and body<sup>2,3</sup>
- Use a headset, speakerphone, or text instead<sup>4-6</sup>
- Ask for a free factsheet with more tips



**SF Environment**

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A Department of the City and County of San Francisco

Learn More:

**SF Department of Environment** @ [SFEnvironment.org/cellphoneradiation](http://SFEnvironment.org/cellphoneradiation)

**Federal Communications Commission** @ [FCC.gov/cgb/consumerfacts/mobilephone.html](http://FCC.gov/cgb/consumerfacts/mobilephone.html)

**World Health Organization** @ [WHO.int/mediacentre/factsheets/fs193/en/](http://WHO.int/mediacentre/factsheets/fs193/en/)