



History of San Francisco's Food

1. Who were the original inhabitants of the San Francisco bay area?

2. How did the Ohlone people get their food? What did they eat?

3. What kinds of new food did Spanish Missionaries bring to Yerba Buena?

4. How did the actions of the Pacific Egg Company affect the population of murre seabirds?

5. Where does sourdough bread get its sour taste?

6. Name one urban farm or garden in San Francisco.



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Answers:

1. Who were the original inhabitants of the San Francisco bay area?

A Native American tribe called the Ohlone.

2. How did the Ohlone people get their food? What did they eat?

They hunted land animals, harvested seafood, fished, gathered acorns, collected wild fruits and vegetables.

3. What kinds of new food did Spanish Missionaries bring to Yerba Buena?

Corn, peas, beans, grape vines, and livestock

4. How did the actions of the Pacific Egg Company affect the population of murre seabirds?

They collected too many eggs, and the murre couldn't reproduce because all the eggs were taken before they could hatch into baby birds.

5. Where does sourdough bread get its sour taste?

From wild yeasts in the air that got into the bread batter

6. Name one urban farm or garden in San Francisco.

Aleman farm, Double Rock Garden, or any neighborhood garden