



# Safer, effective cleaning & disinfection for everyone



Protect your family's health and avoid chemicals that can cause or trigger asthma. This is especially important during the COVID-19 pandemic.

## Choose certified safer cleaning products

**Be a label reader!** Choose cleaning products with these certifications on the label – they are just as effective as other cleaning products, but safer for you and your family's health. Products that carry one of these trusted labels clean effectively, but do not contain ingredients that can cause or worsen asthma. Fragrance-free and non-aerosol products are better for your family's health.



Here are some safer cleaning products with these certifications available in San Francisco.

- Simple Green All Purpose Cleaner and Degreaser - original, lemon, and lavender scent
- Skilcraft All Purpose Cleaner
- Seventh Generation All Purpose Cleaner, Free & Clear, and Fresh Morning Meadow scent

## Clean first, then disinfect when needed

Frequent, effective cleaning is key. Disinfectants don't work on dirty surfaces! Bacteria, fungi, and viruses cling to dirt particles, so dirt must first be removed to reduce COVID-19 transmission.

## Choose and use disinfectants wisely

Use safer disinfectants approved to combat COVID-19. Whenever available, choose products with safer active ingredients that are also EPA-approved as effective against COVID-19. Safer disinfectant active ingredients include:

- Hydrogen peroxide
- Citric acid
- Lactic acid
- Caprylic (octanoic) acid
- Thymol





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Here are some safer disinfectants available in San Francisco.

- Bona PowerPlus Antibacterial Surface Cleaner
- Windex Multi-Surface Disinfectant Sanitizer
- Seventh Generation Disinfecting Multi-Surface Cleaner

## Don't just spray and wipe disinfectants

Disinfectants take time to work. Clean dirty surfaces first, then spray disinfectant on a sponge or cloth to apply. Let the surface being disinfected remain wet for 10 minutes. Then wipe away residue.

## Focus disinfection on frequently touched and shared surfaces

Disinfect frequently-touched surfaces such as telephones, door and cabinet handles, railings, and other devices and surfaces used by more than one person in your household.

## Safer cleaning and disinfecting practices

### Increase ventilation and protect food

Increase ventilation while cleaning and disinfecting. Open windows and doors and turn on a fan. Cover or remove food from the immediate area where you are cleaning or disinfecting.

### Never spray cleaning or disinfectant products into the air or on your body

Disinfectants and cleaning products, even safer products, can be dangerous if misused. It is important to understand and follow product instructions closely.

## Special considerations during the COVID-19 pandemic

Supply chains are disrupted during the pandemic and specific products may be difficult to find. Call stores in advance or check on-line.

Follow the latest Department of Public Health directives at [sfdcp.org](https://www.sfdcp.org).

Check [SaferCleanSF.org](https://www.SaferCleanSF.org) to find a full list of safer products and local stores that have pledged to carry safer cleaning products and disinfectants whenever they are available.

